

ABSTRACT OF THE DISCLOSURE

A helm for controlling the rudder of a boat includes a base on top of which is an elongate column extending along an axis; a wheel mounted to turn on the column about a transverse axis, a rudder controller; and a device for neutralizing the rudder controller. The column is mounted to rotate relative to the base about its axis to assume a service position in which the neutralization device is deactivated and at least one rest position in which the wheel is offset angularly by at least approximately a quarter-turn relative to the service position and the neutralization device is activated.